

ROUNDERS AND PICNIC



Have fun with friends, family and carers in a relaxed semi-competitive game of rounders at Barn Elms Sports Trust (BEST). Bring your own picnic to enjoy with the group afterwards or the BEST café on-site will be open for drinks and snacks.

Ages: All welcome

Sunday 26th June 3.00pm – 5.00pm

Meet At: BEST

The Pavillion, Barn Elms Sports Trust, Queen Elizabeth Walk, Barnes, London SW13 9SA

Tickets: FREE event

RAMBLES ON SUNDAYS



Enjoy some gentle exercise across Barnes Common with this welcoming group, whilst spotting some local wildlife. The walks are led by The Environment Trust. After the walk we get together in the OSO café where you can buy tea, coffee and delicious cake!

Ages: 16+

Sunday 24th April 2016 2.15pm – 4.00pm

Sunday 29th May 2.15pm – 4.00pm

Sunday 26th June 9.30am – 11.00am

Meet At: OSO Arts Centre, 49 Station Road, Barnes, London SW13 0LF

Tickets: £5 per person. Carers FREE

LIVE INTERACTIVE MUSIC CONCERTS



Hands-on musical workshops for children, young people and adults with additional needs

Sunday 26th June 2016

Meet At: OSO Arts Centre, Barnes, London, SW13 0LF

Details of first sessions on Sunday 26th June

11.00am – 12.00pm : 5 to 11 yr olds, all abilities welcome

Explore rhythms using percussion, xylophone & keyboard

1.00pm – 2.00pm : 11+ age group, all abilities welcome

Play and sing using percussion, xylophone and keyboard

Tickets: £10 per person (1 free carer ticket per booking).

ART MOSAIC WORKSHOP



Get creative in this relaxed, inclusive workshop for young people and adults with moderate/ severe learning disabilities and their carers. Take home all the mosaic pieces you make after each session.

Ages 16 +

Sunday 29th May 2016

Sunday 26th June 2016

Sunday 31st July 2016

Meet At: OSO Arts Centre, 49 Station Road, Barnes, London SW13 0LF

Time for all dates: 2.30pm – 4.30pm. Doors open 2.15pm

Tickets: £10 per person. Carers FREE.

Booking & Info: www.activitystation.org.uk

Tel: 07974 028375