

# Assertiveness for your child



Sometimes we say 'assertive' when we mean bossy - we make it a negative term.

True assertiveness is most certainly not bossy, it is polite, clear and non blaming - speech and behaviour that is neither aggressive nor passive.

This workshop will help parents help their child who is either too pushy or aggressive at times, possibly without even realising it, or so quiet and timid they get picked on by others or feel left out and marginalised.

This two hour workshop will provide strategies for helping your child become more assertive and to understand the impact of their behaviour on themselves and others.



Gill Hines

Gill Hines is an Education and Parenting Consultant for Health and Wellbeing with nearly 40 years experience of working within education and twenty years experience working with parents. She is the co-author of 3 parenting books and regularly contributes to the media.

**Thursday 13th November 2014**

**7.30pm - 9.30pm**

**Heart-Twickenham,**

[For booking information or to browse the full range of workshops available click here](#)

***A workshop for parents of children 8 - 14 years old***