

Stories of Peer Pressure

Peer pressure is feeling that a person must do the same things as others in order to be accepted or liked in a group.

You might however, do something that you know is wrong or something that you don't want to do because of peer pressure, so you can 'fit in' or you may not feel confident enough to say no!

Read the following scenarios and decide what each person should do. Write your answers in the boxes. You can work on your own or in groups. Try and answer as honestly as you can.

Your friend steals money from another young person and tells you to buy them something from the tuck shop with it.

What do you think you should do?

Is it OK to take someone else's things?

How do you think the child will feel when he finds out his money has been stolen?

Do you think the child who has taken the money will feel happy?

If an adult finds out, what do you think they would say and do?

What do you think the child should say and do to put things right?



You are at a party and your friend tells you to put ketchup all over another child's dinner.

What should you do?

How do you think the child would feel if you covered his dinner with ketchup?

Why do you think the other child told you to do that?

Could you say 'no' to the other child?



A girl in your class tells the teacher that you have been calling another girl unkind things – but you haven't.

What would you do?

Why do you think she would try to upset you and the other girl?

How do you think the other girl feels?

What is the right thing to do?

How could you resolve the problem?



**A child tells you to shout out in class when the teacher is talking.
They tell you it will be funny.**

Why do you think the child has told you to shout out?

What do you think is the right thing to do?

What do you think the teacher will say and do if you shout out?

Do you think the person who told you to shout out will say they told you to?

What are you going to do?

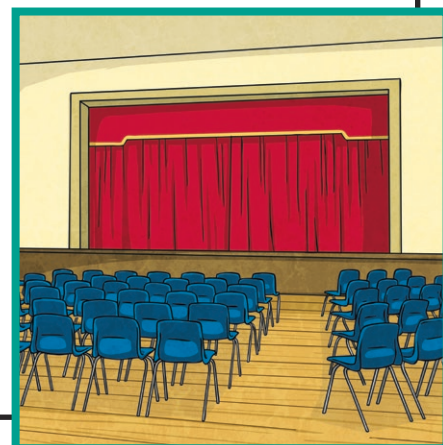


In assembly, a child tells you to pinch the child in front of you.

What is the right thing to do?

Why do you think the child has asked you to hurt another child?

Do you think you could say 'no'?



What might make you do something you don't want to do?

What could you do to make sure you can say 'no'?

How could you improve your confidence to say 'no'?