



Kew Riverside News



Friday 26th January 2024

Headteacher Highlights (Lily)

Today I got the opportunity to be Head Teacher of Kew Riverside Primary School. Morning

I started the day off by having a staff briefing meeting with all the adults at 8.30am. We had a chat about what is happening in the next few weeks and put dates in the diary.

Then after a long chat Ardeep and I went outside and did gate duty. We said good morning to everyone and told them I was the head teacher for the day. Next Ardeep and I went round the classes and did a learning walk. We took some notes about the children's work and were very impressed with their presentation and concentration. I then had to do assembly, I did the golden certificates and talked about the attendance this week – I can't believe Ash class got 100%! After all that work I finally got a break and a little snack.

I spent the rest of the morning preparing the newsletter and planning my Pupil Parliament meeting. It was very busy as lots of children were sent to me with their work, which I checked before giving out some head teacher stickers.

This afternoon, I had a lovely lunch and was lucky enough to sit next to Jess. I then supported Ardeep in the Reflection Room. During the Pupil Parliament meeting I shared some designs the school has been sent for our playground mural. I finished the day hosting Hot Chocolate Friday in my office, celebrating the children who had gone above and beyond.



Golden Certificates

A huge well done to our Golden Certificate winners– thank you for championing our school values and showing excellent learning behaviour.



Hot Chocolate Friday

Congratulations to the children who went over and above last week and were nominated by the staff in their classes for a hot chocolate with Ardeep. Thank you for being excellent role models and being the best that you can be. Keep it up!



New Parent Governor

Thank you to all the parents and carers who have voted in our Parent Governor election. Our ballot closed at 9am today and both candidates have had an equal number of votes. We will therefore be extending the ballot until 4pm on **Monday 29th January** to allow any parents who have not had the chance to vote to do so.

This is an important role in the strategic leadership of the school and we urge all parents to vote for their preferred candidate. Forms are available from the school office.



Attendance and Punctuality

1st: Ash Class: 100%

2nd: Maple Class: 98.4%

3rd: Cherry Class: 93.8%



Football Tournament

Our football teams were back in action again this week, playing against Darell at North Sheen Rec. Our boys' team couldn't leave with the points this week but showed defensive solidity and some promising link up play up-front (well done to Chris for his goal!). Our girls' team dominated all of the play and created numerous chances to score but left with a 1-0 defeat in the end.

The Headteacher of Darell Primary School emailed Ardeep to say, "Your school teams are a credit to you and your school. Well behaved, respectful and playing the game in the right spirit."

Well done to all who were involved - Jaydon and Jess can see the progress you are all making!



Staff Raffle Winners

More children have been enjoying their raffle prizes this week with different members of staff.

On Monday, we were joined by Kat's very handsome labrador called Fudge. Fudge spent the day in Ardeep's office making friends with all the staff, children and even some of the parents! In the afternoon he was taken on a long walk by Matt on the school field before enjoying some treats and lots of attention when he was back at school. Thank you to Kat for making this possible and we hope to see Fudge back in school soon!



On Wednesday a very lucky group of children were treated to a breakfast feast prepared by Christina. There were toasties, cereal, fruit, waffles and fresh orange juice all laid out beautifully for the children to enjoy in the Wellbeing Woods. Everyone had a wonderful start to the day and commented how it "was the best breakfast ever!" Thank you to Christina for preparing such a wonderful experience for our raffle winner!



Finally on Friday, the front office was taken over by the amazing Benjamin who was Lisa's assistant for the morning. Benjamin came to school impeccably dressed ready for an action packed day which involved running breakfast club, welcoming visitors, answering the phones, ordering the lunches and being Lily's personal assistant! He did a wonderful job and everyone commented on his welcoming smile and perfect manners - what a superstar! Thank you to Lisa for offering this excellent experience.



Online Safety

Every week this half term, in the build up to Safer Internet Day, we will be sharing further guidance for parents, carers and pupils about keeping safe online and whilst using different devices. This week focuses on the safe use of smartphones.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

Top Tips for... MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!



GET OUT AND ABOUT
If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL
When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX
Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE
Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES
Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY
As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME
Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT
Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND
Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK
Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS
When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY
Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert
Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.

DEVICE BOX

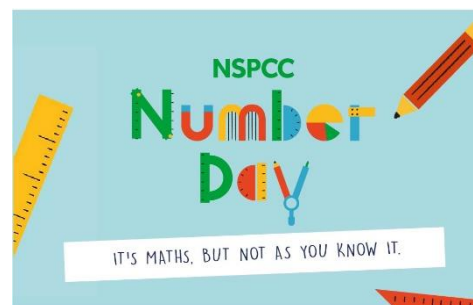
The National College

NOS National Online Safety
#WakeUpWednesday

NSPCC Number Day

On **Friday 2nd February** we will be taking part in the NSPCC's Number Day! We invite everyone to come to school dressed as a number or in clothes with numbers on – you can be as creative as you can!

To help raise funds for the NSPCC we ask each child to bring in a Minimum donation of £1.



Dates for the diary

2/2/24 – NSPCC Number Day

W/B 5th Feb – Children's Mental Health Week

6/2/24 – Safer Internet Day

8/2/24 – PTA Cinema Night

W/B 12th Feb – Half Term

1/3/24 – Hearing Checks for reception children

7/3/24 – Mother's Day Stall after school

8/3/24 – Mother's Day Breakfast

19 & 21/3/24 – Parents Evenings

Last day of term – 29/3/24 2pm finish

Half Term Homework Galleries

We are really looking forward to this half term's homework projects. The gallery days will be as follows:

Willow: Thursday 8th February at 3pm

Cherry: Friday 9th February at 9am

Maple: Thursday 8th February at 9am

Ash & Oak: Tuesday 6th February at 9am



Thank you to everyone who takes the time to attend
And speak to our pupils about their learning!

Safeguarding

A reminder that if you have any safeguarding concerns about a child, please contact the school's DSL and refer to the school's Child Protection and Safeguarding policy. If you feel a child may be in danger, you may contact the SPA directly on the number below or the police.

Key contacts:

- Designated Safeguarding Lead (DSL):

Ardeep Viridi 020 8487 8437

avirdi@kewriverside.richmond.sch.uk

- Chair of Governors:

Michelle Green 020 8487 8437

mgreen@kewriverside.richmond.sch.uk

- Single Point of Access (SPA):

020 8547 5008 Out of hours: 020 8770 5000

- Local Authority Designated Officer:

020 8891 7370/ 07774 332675

lado@achievingforchildren.org.uk

