

Where are we?



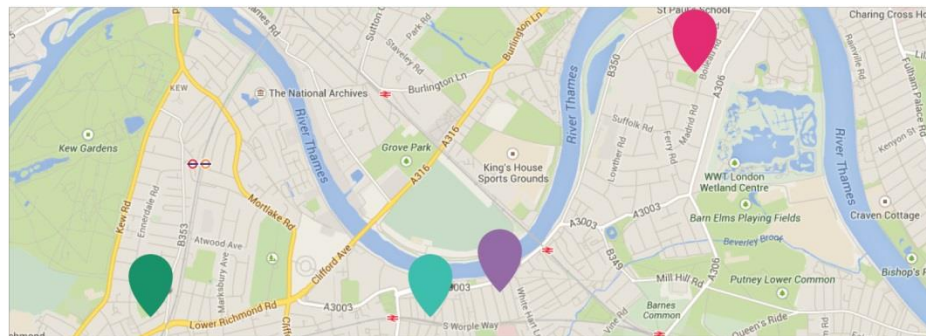
Barnes Children's Centre

Lowther Primary School
Stillingfleet Road
Barnes
SW13 9AE



Windham Croft Centre for Children

20 Windham Road
Richmond
TW9 2HP



Mortlake Hall

Mullins Path
North Worple Way
Mortlake
SW14 8EZ



Mortlake Powerstation

121a Mortlake High Street
Mortlake
SW14 8SN

Contact Us

Phone: 020 3021 1990

Email: barnescc@achievingforchildren.org.uk

Find us online at:

www.richmond.gov.uk/childrens_centres

www.facebook.com/RichmondFIS

Translation Advice

Please contact us if you need this leaflet in Braille, large print, on audio tape or in another language.

Phone: 020 8891 1411

Minicom: 020 8831 6001

Barnes
Children's Centre
serving Kew, Barnes,
Mortlake and East Sheen

Easter Programme
25 March - 10 April 2016



**achieving
for children**

Food bank

Trussell Trust foodbanks provide a minimum of three days emergency food and support to people experiencing crisis. Speak to a member of staff if you and your family need a voucher.

To find out more about foodbanks visit www.trusselltrust.org.

Refuge domestic violence support

Don't suffer in silence - when abuse is happening, the sooner it stops the better. It is OK to talk about any domestic abuse that is happening at home.

Abuse is not OK and it is a good thing when we take action to stop it. It is not wrong to get help - it actually saves years of upset for yourself and your children. Children have the right to live in safe environments, and so do you.

Please contact the centre if you would like to speak to a Domestic Violence Outreach Worker.

You can contact Richmond Refuge on **020 8943 8188** (Monday to Friday, 9.00am-5.00pm)

If you need support outside of these hours, please call the free 24 Hour National Domestic Violence Helpline on **0808 2000 247**.

Free childcare and early education for two year olds

You may qualify for free childcare if you receive certain benefits, including:

- Income Support
- income-based Jobseeker's Allowance (JSA)
- income-related Employment and Support Allowance (ESA)
- support through part 6 of the Immigration and Asylum Act
- tax credits and have an annual income under £16,190 before tax
- Universal Credit

Speak to our centre staff or visit www.richmond.gov.uk/two_year_old_funding to find out more.



Barnes Easter Programme 28 March – 1 April 2016

Monday

BANK HOLIDAY

The centre will be closed 28 March 2016

NO ACTIVITIES

Tuesday

Lisa's Multi Sports *

29 March
2.00- 3.00 pm
Mortlake Hall.

Fun and enjoyable session for children and parents to play together and to try different sports and games.

Wednesday

Well Child Clinic **

Please call Health Visiting Administration to book an appointment
0208 9733490
Barnes, Lowther.

Rhythm, Rhyme and Storytime - Under 18 Months *

30 March
1.45 – 2.45pm
Mortlake Hall.

Themed fun singing and story session

Thursday

Lisa's Multi Sports *

31 March
2.00- 3.00 pm
Mortlake Hall.

Fun and enjoyable session for children and parents to play together and to try different sports and games.

Friday

1 and 2 Year Health reviews **

9.00am-12.00 noon
Please call the Health Visiting Administration to book an appointment
0208 973 3490
Barnes, Lowther.

Stay and Play *

1 April
2.00- 3.30 pm
Mortlake Hall.

Come and have fun with your child while supporting their language and development. Play activities planned to meet early years foundation stage.

Saturday

(No Dads' messy play- this will be Sat 9 April)

KEY

* Drop in

** Booked session – please call the centre to book

020 3021 1990

Barnes Easter Programme 4 April - 10 April 2016

Monday

Rhythm, Rhyme and Storytime – Over 18 Months *

4 April
3.00- 4.00 pm
Mortlake Hall.

Themed fun singing and story session

Tuesday

Breastfeeding *

5 April
12.00 noon – 1.30 pm
Barnes, Lowther.

Parents are offered support and advice on breastfeeding by a trained breastfeeding counsellor.

Refuge *

2.00- 4.00 pm
Barnes, Lowther.

Our domestic violence worker is on hand to offer confidential advice and support if you have been or are affected by issues around relationship difficulties or domestic violence. Please contact the centre or drop in to the centre for more information.

Wednesday

Well Child Clinic **

Please call Health Visiting Administration to book an appointment
0208 973 3490

Barnes, Lowther.

Messy Play *

6 April
2.30- 3.30 pm
Mortlake Hall.
Come and get messy and creative with your child/ren for an hour. Have fun allowing your child to explore different textures with their senses. Please wear clothes that you don't mind getting messy!

Thursday

Rhythm and Rhyme and Story time under 18 mths *

7 April
1.45 - 2.45pm
Mortlake Hall.

Themed fun singing and story session

Friday

1 and 2 Year Health reviews **

9.00am-12.00 noon
Please call the Health Visiting Administration to book an appointment
0208 973 3490

Barnes, Lowther.

These sessions are run by our local health visiting team who will invite you to book your child's 1 or 2 year check.

Saturday

Dads'/Grandads'/ Male Carers' Messy Play *

9 April
10.00- 11.00 am
Barnes, Lowther.
Have fun getting messy and creative with your child, allowing them to explore different textures. Please wear clothes you don't mind getting messy!

KEY

* Drop in

** Booked session – please call the centre to book

020 3021 1990

Our sessions

1 and 2 Year Checks

These sessions are run by our local health visiting team who will invite you to book your child's 1 or 2 year check.

Breast feeding

Parents are offered support and advice on breastfeeding by a trained breastfeeding counsellor.

Dad's/ Grandads/ Male Carers Messy Play

Have fun getting messy and creative with your child, allowing them to explore different textures. Please wear clothes you don't mind getting messy!

Lisa's Multi sports

Fun and enjoyable session for children and parents to play together and to try different sports and games.

Messy Play

Come and get messy and creative with your child/ren for an hour. Have fun allowing your child to explore different textures with their senses. Please wear clothes that you don't mind getting messy!

Midwives

Call to book an appointment on 020 8934 3316

Refuge

Our domestic violence worker is on hand to offer confidential advice and support if you have been or are affected by issues around relationship difficulties or domestic violence. Please contact the centre or drop in to the centre for more information.

Rhythm, Rhyme and Storytime

Themed fun singing and story session

Stay and Play

Come and have fun with your child while supporting their language and development. Play activities planned to meet early years foundation stage.

Well Child Health Clinic

This is run by our local Health Visiting Team, please phone 0208 973 3490 to make an appointment for your baby's routine growth monitoring and/or assessment of mothers emotional well being.

Outreach

Windham Croft

Mortlake Power Station

Kew Riverside Primary School

Will be CLOSED for Children's Centre activities over the Easter Holidays



Our venues



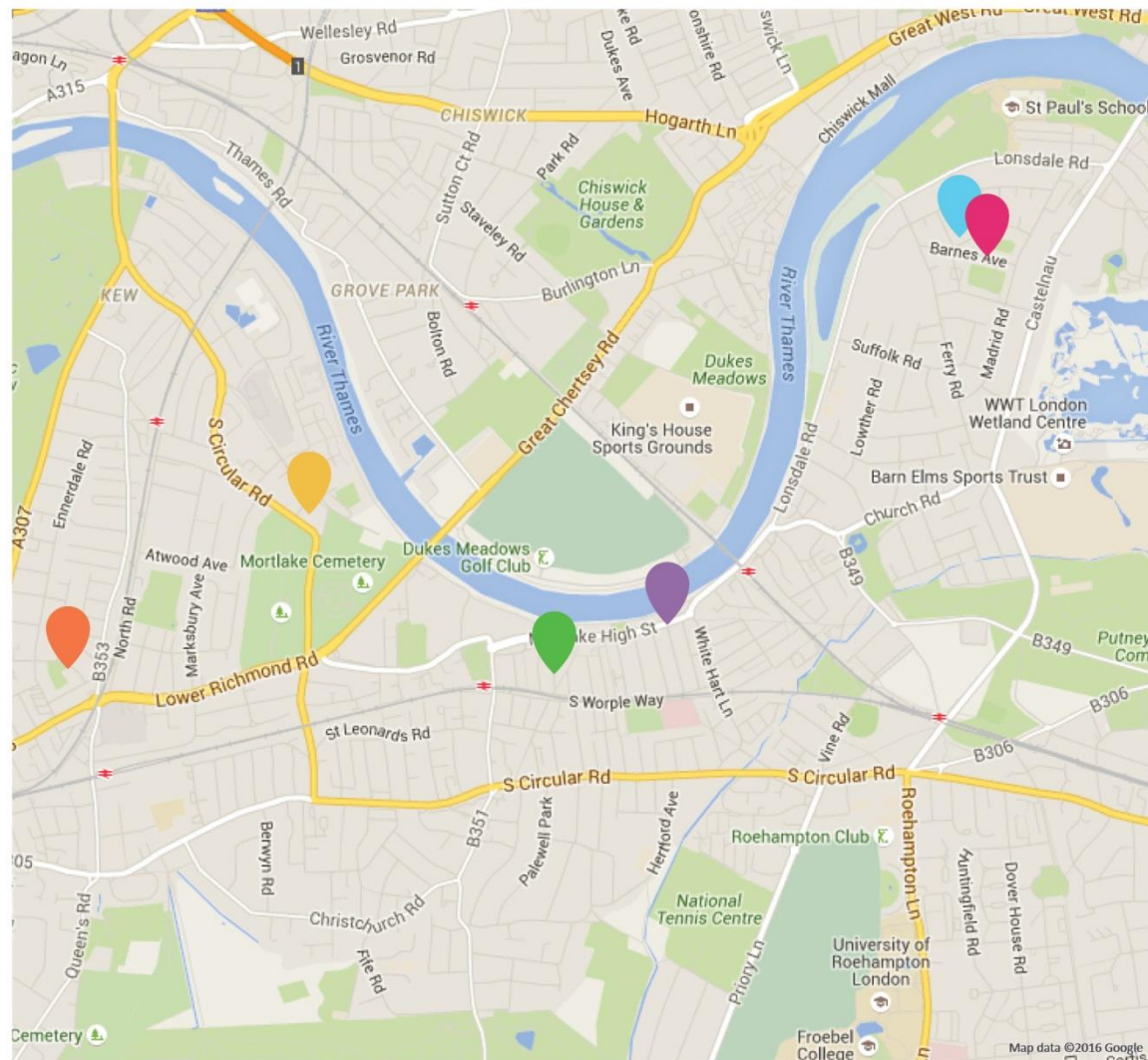
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Mortlake Powerstation
121a Mortlake High Street
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SW14 8SN
020 3021 1990
barnescc@
achievingforchildren.org.uk



Castlenau Community Centre
7 Stillingfleet Road
Barnes
SW13 9AQ



Kew Riverside Primary School
Courtlands Avenue
Kew
TW9 4ES