

FIT FOR SPORT NEWSLETTER

Barnes Primary School – Kids Camp Summer 2015



Summer camp at Barnes is back! The fit for sport team are very excited to get back into playing lots of fun filled activities and a range of fantastic sports that children of all age ranges can enjoy! Come and join in the fun with us this summer!

22nd July to 2nd September

Times and Prices:

Standard Day- 9.30-4.30 £27.00

Extended Day- 8.30-5.30 £35.00

Half Day- 9.30-1.00 £20.00

Age Groups:

 Bouncing Bananas 4-5 Years

 Strawberry Sprinters 6-8 Years

 Apple Athletes 9-12 Years

"It was the first time my son had attended a holiday club and he loved it! Really well organised, welcoming and inclusive, and exhausting!! What more could a parent ask for? Thank you so much!"

"The kids love the combination of activities and they also comment on how nice the staff are. I always see staff being cheerful and fully engaged."

"Fit for sport is an amazing thing for kids, when kids are stuck inside all day on a screen - and you plan amazing days for everyone who goes."

Our Range of exciting and engaging activities includes:

- Tennis
- Cricket
- Tag Rugby
- Athletics
- Capture the Flag
- Football
- Dodgeball
- Arts and Crafts
- Parachute Games
- Activity Challenges
- Circle Games
- Tag Games
- Obstacle Courses
- Mini Olympics

All Fit For Sport programmes are Ofsted registered and run by trained and DBS checked professionals, with every member of the Fit For Sport team sharing a commitment to a common goal: to provide safe and supportive childcare where children can try new, fun ways to get moving and discover the benefits of leading a healthy and active life.



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Fit For Sport is on a mission to get the UK's children moving!

Fit For Sport are a leading provider of children's activity services and activity leadership training. Their dedicated and qualified team have been providing school, family and community programmes for over twenty years; supporting and delivering in school, afterschool and holiday camp activities in numerous locations across the UK.

The Activity Challenge:

The Activity Challenge is an exciting new initiative which gives parents the power to measure and inspire change in their children's activity levels. Created by the activity experts here at Fit For Sport, the Activity Challenge provides parents with a simple but invaluable tool to measure their child's levels of agility, hand-eye co-ordination and stamina. Record the results on our Activity Challenge portal and compare them against the national average. Challenges can then be repeated meaning children can see their progress tracked and be inspired to get active more often to keep improving on their scores! The Activity Challenge portal is also a great place to find tips and advice for getting the whole family moving in ways that can be incorporated into your every-day routine.

Feefo Feedback:

Fit For Sport are dedicated to providing you with the very best in children's activity programmes. We want to give you and your child the great experience you expect from the Fit For Sport activity programmes you use, and your feedback is vital to ensuring that our standards remain consistently high and that services continuously improve.

