



**Gill Hines**

## **How to say “NO” and have it work!**

**A workshop for parents of 3 – 11 year olds**

A two-hour workshop for every parent who feels their children get what they want more than they do!



All children need to understand their place and role within the family, their friendship groups and the wider groupings of their world. These are learnt through exploration and guidance and by having clear and fair boundaries. However children don't like being told what they can and can't do and most have a range of clever strategies to get round instructions – from emotional blackmail to downright refusal. For many parents getting children to respect the boundaries placed on them is an on-going battle they're not sure they can win.

In this fun two-hour workshop we'll be exploring the importance

of boundaries, how to set and maintain them and how to allow greater freedom as your child grows.

**Wednesday 8th July at Trafalgar Early Years Centre, Meadway,  
Twickenham TW2 6PY. @ 7.00pm - 9.00pm**

**Booking essential.** To book or for more information please [click here](http://www.gillhines.co.uk) or go to [www.gillhines.co.uk](http://www.gillhines.co.uk)

(£1 places available for those that need them, please ask at your child's school office)