

Talking to your child about relationships, love and sex

A workshop for parents

Wednesday 10th June 7.00pm – 9.00pm in Twickenham

Talking to children and young people about relationships and sex sends many parents into a spin or a cold sweat. Some leave it all up to the school, others wait to be asked questions (and feel very relieved when none arrive) while others buy a book and leave it in their child's room.

We know that children who have grown up in families where these things are talked about have



a better respect for their own bodies and sexuality, are more respectful of others and are less likely to experiment than those brought up believing that talking about sex is somehow secret or shameful. The facts about sex might not have changed since you were young but the issues and pressures children and young people face have changed a great deal.

More and more explicit

material is shown on regular TV, music and music videos are more overt and sexually aggressive than ever before and pretty hardcore pornography is only a click away for every child with access to a smartphone, computer or tablet without parental controls – and that means pretty much all of them.

If we are not talking to children about love and sex then an awful lot of other people in the media and playground are, and their messages are powerful and pervasive.

This two hour workshop is guaranteed to be entertaining and informative while helping you explore what you believe are the key messages for your child, the best time to talk, the best ways to approach key issues and a chance to talk to other parents or ask any tricky questions. Don't worry, no-one will be asked to say or do anything embarrassing and you'll go away with some top tips as well as more confidence and new ideas.

The workshop will be led by Gill Hines, freelance Education and Parenting Consultant who has worked with local schools, staff, pupils and parents for over 20 years and regularly contributes to the media as well as being the author of 3 parenting books.

For more information or booking please go to www.gillhines.co.uk



Gill Hines