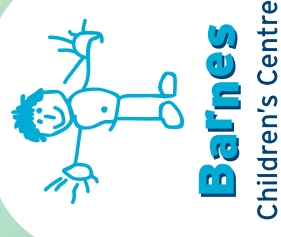


Barnes Children's Centre serving Kew, Barnes, Mortlake and East Sheen Summer 2015 Programme 13 April - 21 July



Our Activities

1 and 2 Year Checks

These sessions are run by our local health visiting team who will invite you to book your child's 1 or 2 year check.
For further enquiries, please call the Health Visiting Administration Service on 020 8630 1723 or email HRCH.healthreview1@nhs.net for 1 year check or phone 020 8630 1724 or email HRCH.healthreview2@nhs.net for the 2 year check.

Babbling Babies

Please call 020 3021 1990 for more information or request a place on this five week course.

Baby Massage

A unique way of bonding and spending time with your baby. Please call 020 3021 1990 to book a place on this five week course suitable for pre-crawlers.

Breastfeeding Clinic

Parents are offered support and advice on breastfeeding by a trained breastfeeding counselor.

Communic8

Discover tips on how to give your child the best start in becoming a good communicator. Each course is 5 weeks and must be booked through the children's centre. Please call 020 3021 1990 for more information.

Dad's Messy Play

Have fun getting messy and creative with your child, allowing them to explore different textures. Please come prepared and wear clothes that you don't mind getting messy! Drop-in sessions for children 5 years and under.

ESOL Friendship and Conversation Group

A chance for parents to practice conversation in English and make friends. Children welcome.

ESOL

For parents and carers with English as an additional language who would like to learn more English. This class is run by Richmond Adult Community College. Please call 020 3021 1990 for more information.

First Aid

A five week course that offers an accredited Paediatric First Aid certificate valid for three years.
Please call 020 3021 1990 to register your interest for the next course.

Group for Newborns to 12 weeks

Enjoy meeting other new parents while playing with your baby.

Home-Start Play and Support Group

If you are not very confident, have been unwell, have twins or just need a helping hand, this group is for you! Please call 020 3021 1990 for more information.

Lisa's Multi-Sports

Fun and enjoyable session for children and parents to play together and to try different sports and games.

Midwives

Call to book an appointment on 020 8934 3316.

Parents Forum Meetings

Your chance to have a say in what happens at the children's centre, and help to organise and facilitate seasonal events. Please call 020 3021 1990 for more information.

Play and Learn

Come and have fun with your child, enjoy learning through play and meet other parents.

Positive Start

A five week parenting course for parents of children under 5. Please call 020 3021 1990 to register your interest for the next course.

Refuge

A domestic violence worker is on hand to offer confidential advice and support if you have been or are affected by issues around relationship difficulties or domestic violence. Contact the centre for information.

Singing Session with Crafty Tales

A singing session to support your child's development with action songs. Run by Crafty Tales. Bookings are taken weekly, from Tuesday. Please call 020 3021 1990.

Sparkle Time

If you have concerns about your child's language, concentration, behaviour and/or physical development then drop in and join our fun and interactive session, using signing, sensory equipment and movement to learn and play together. Suitable for children 5 years and under.

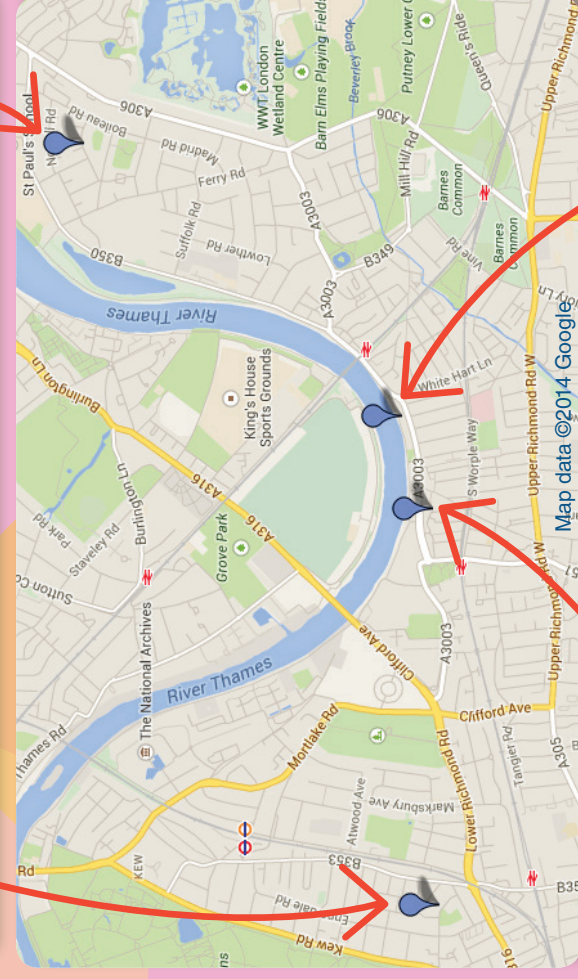
Speech and Language Appointments

Pre-booked appointments with the Speech And Language Therapists (SALT).

Stay and Play

Come and have fun with your child while supporting their learning and development. Play activities planned to meet early years foundation stage.

Where are we?



Barnes Children's Centre
Lowther Primary School
Stillingfleet Road
Barnes
SW13 9AE
0661 1202 020

Windham Croft Centre for
Children
20 Windham Road
Richmond
TW9 2HP
0661 1202 020

Mortlake Powerstation
121a Mortlake High Street
Mortlake
SW14 8SN
020 3021 1990

Mortlake Hall
Mullins Path
North Worple Way
Mortlake
SW14 8EZ
020 3021 1990

Translation Advice
Please contact us if you
need this leaflet in Braille,
large print, on audio tape
or in another language.
Phone: 020 8891 1411
Minicom: 020 8831 6001

www.richmond.gov.uk/childrens_centres
www.facebook.com/RichmondFIS
barnescc@richmond.gov.uk

Under 1's Stay and Play
Mums, dads, carers and childminders meet and share 90 minutes of play and singing with their children. Suitable for babies up to 1 year.

Volunteer Accreditation Course
Run by RACC this course offers volunteers the opportunity to have their volunteering accredited, to boost CV's and enhance skills.

Ways to Play

Each week we explore stimulating ways of playing with your child. Heuristic play, messy play etc. Do try this at home!

Well Child Health Clinic

This clinic is run by our local health visiting team: pop in during the stated time for routine growth monitoring and assessment of mother's emotional well-being.



Barnes Children's Centre

Summer Timetable 2015

Kew



Windham Croft
Centre for Children
20 Windham Road
Richmond
TW9 2HP

**Windham Croft
Centre**

Monday

Midwives
9.00am-5.00pm
Windham Croft Centre

Tuesday

Play and Learn
9.15-10.30am
Kew Riverside Primary School,
Courtlands Avenue, Kew, TW9 4ES

Wednesday

Midwives
9.00am-5.00pm
Windham Croft Centre

Well Child Health Clinic
9.30-11.15am
Windham Croft Centre

Thursday



Friday

Baby Massage
10.00-11.00am
24 April to 22 May
Windham Croft Centre

Barnes



Barnes Children's Centre
Lowther Primary School
Stillingfleet Road
Barnes
SW13 9AE

**Barnes
Children's Centre**

Monday

Midwives
9.00am-5.00pm
Barnes Children's Centre

Under 1's Stay and Play
10.00-11.30am
Barnes Children's Centre

Well Child Health Clinic
1.00-2.30pm
Barnes Children's Centre

Singing with Crafty Tales
3.30-4.00pm Babies session
4.00-4.30pm Toddlers + session
Barnes Children's Centre

Tuesday

Sparkle Time
9.15-11.15am
Barnes Children's Centre

**Speech And Language
Appointments**
9.00am-12.00 noon
Pre-booked with SALT
Barnes Children's Centre

Breastfeeding Clinic
12.00 noon-1.30pm
Barnes Children's Centre

Refuge
1.00-4.00pm
Barnes Children's Centre

Wednesday

English Lessons (ESOL)
12.45-2.45pm
15 April to 22 July
Castelnau Community Centre
7 Stillingfleet Road, Barnes, SW13 9AQ

**Communic8 Bespoke
Groups**
1.30-3.00pm
1.30-2.15pm and 2.15-3.00pm
Barnes Children's Centre

**Communic8 Babbling
Babies**
3.30-4.15pm
Barnes Children's Centre

Thursday

Midwives
9.00am-5.00pm
Barnes Children's Centre

**ESOL Friendship and
Conversation Group**
9.15-10.15am
Barnes Children's Centre

Ways To Play
10.45-11.45am
Barnes Children's Centre

1 and 2 Year Checks
Appointments between
12.30-3.30pm
Barnes Children's Centre

Friday

Midwives
9.00am-5.00pm
Barnes Children's Centre

Positive Start
9.30-11.30am
24 April to 22 May
Barnes Children's Centre

Saturday

Dad's Messy Play
10.00-11.00am
2 May, 6 June and 4 July
Barnes Children's Centre

First Aid
9.30am-1.00pm
6 and 13 June
Barnes Children's Centre

Mortlake and East Sheen

Mortlake Hall



Mortlake Hall
Mullins Path
North Worpole Way
Mortlake
SW14 8EZ

**Mortlake
Powerstation**



Mortlake Powerstation
121a Mortlake High Street
Mortlake
SW14 8SN

Monday

Lisa's Multi Sports
1.45-2.45pm
Mortlake Hall



Tuesday

**Home-Start Play and
Support Group**
10.00-11.30am
See description overleaf for details
Mortlake Powerstation

First Aid
12.45-2.45pm
21 April to 19 May
Mortlake Hall

Wednesday

**Volunteer Accreditation
Course**
12.45-2.45pm
Until 13 May
Mortlake Hall

Stay and Play
9.30-11.30am
Mortlake Powerstation

Parents' Forum
11.30am-12.00 noon
6 May and 3 June
Mortlake Powerstation

Thursday

**Group for Newborns to
12 weeks**
10.00-11.00am
Mortlake Hall



Friday

Stay and Play
3.00-4.30pm
Mortlake Powerstation

Key:

Orange - Drop in session
Blue - Please contact the
centre for booking details