Children's centres offer informal support for parents and a fun, friendly and safe place for your child to play and learn to help them get the best start in life.

You can meet a wide range of professionals who can support you from pregnancy to when your child starts school. Whether you are a parent-to-be, a mum, dad, grandparent or carer, you will be welcome.

The services our children's centres offer include:

- Family support and parental outreach
- Child and family health services
- Midwifery and health visiting services
- Outreach and support to families in need
- Adult education and family learning
- Advice to parents and carers
- Drop-in sessions and activities for children, parents and carers
- Information about childcare and available funding

Why should I register?

Register with your local children's centre to take part in the activities they run. Your local centre will keep you informed about relevant services for you and your family in your area.

You can register online at www.richmond.gov.uk/childrens_centres or in person at your local centre.

Visit our website at www.richmond.gov.uk/ childrens_centres



Or follow us on Facebook at www.facebook.com/

RichmondFIS



Translation advice

Please contact us if you need this leaflet in Braille, large print, on audio tape or in another language. Phone: 020 8891 1411

Minicom: 020 8831 6001

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Children's centres in Richmond



Providing children's services for the **Royal Borough of Kingston** and the **London Borough of Richmond**