

Do you need our help? Or can you help us?

Whether you need some help from KNA or have a few hours spare and would like to help us, please fill in the form below and return it to us.

I would like to become a Client and/or

I would like to become a volunteer and could provide help with:

- Driving Helping in the office
- Visiting and befriending
- Helping with shopping
- Light gardening

Name

Address

.....

..... Post Code

Telephone

Signed

Date

How you can help us

By Volunteering

We always need more volunteers of all ages - drivers and non-drivers. You don't have to make a regular commitment - just helping us for an hour or so every now and then can make a big difference to someone!

It's very rewarding - and it's a great way to get to know more about the community and make new friends.

By Making a Donation

We always appreciate donations of any size to help us fund our services to the local community. Every penny we receive goes directly towards providing these services.



Kew
Neighbourhood
Association

We're here to help

St Luke's House
270 Sandycombe Road (left hand door)
Kew TW9 3NP

Telephone: 020 8948 8054

Office Hours: 10.00 - 12 noon Mon to Fri
(Answerphone out of office hours)

mail@kna.org.uk www.kna.org.uk

Registered Charity Number 1034340

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Do you need a helping hand?

Getting to hospital, GP and clinic appointments?



Doing your shopping?

Being driven to social clubs and leisure activities?



... or just a friendly chat over a cup of tea?



Kew
Neighbourhood
Association

We're here to help

We're here to lend a helping hand

We can help with all those tasks that a good neighbour would do for someone who has difficulty getting out and about.

Among the things our volunteers can help with are:

- ◆ Lifts to local hospitals, GP surgeries, dentists, clinics and podiatrists
- ◆ Getting you to local social activities like the Avenue Club or leisure classes
- ◆ Driving you to local shops, the post office, the hairdresser or just to visit your friends
- ◆ Our home visitors and befrienders provide regular companionship to people who have few friends and family living nearby and can even help out with some of the household paperwork



Members and special guest Judith Chalmers enjoy a recital at a party held at Brentford Piano Museum

- ◆ The Co-ordinator can also tell you where you can find advice on a range of issues from other organisations including the Citizens Advice Bureau



Kew
Neighbourhood
Association

Who are we?

Kew Neighbourhood Association (KNA) is a group of friendly volunteers who assist the elderly, the disabled and others in the Kew area who need a helping hand.

KNA has been a registered charity for many years and is managed by a committee of volunteer trustees with a part time co-ordinator running the office.



Volunteers give their time free of charge but can claim an allowance for car mileage.

