

KEW RIVERSIDE PRIMARY SCHOOL MENU

AUTUMN TERM 2014



Monday **Tuesday** **Wednesday** **Thursday** **Friday**

Menu for weeks commencing: 1st Sep, 22nd Sep, 13th Oct, 10th Nov, 1st Dec

**Your Lunch
A Choice From
Two Mains**

Pork or Chicken Sausage	Chicken and Sweetcorn Pie	Roast Beef	Pork Meatballs	Fish Fingers
Quorn Sausages	Tomato Flan	Cheese and Tomato Pannini	Quorn Bolognese	Cauliflower Cheese

Accompaniments

Cauliflower	Carrots	Broccoli	Salad	Peas
Green Beans	Cabbage	Roast Vegetables	Garlic Bread	Baked Beans
Spicy Wedges	New Potatoes	Roast Potatoes	Pasta	Chips

Dessert

Flapjack	Apple Crumble and Custard	Fruit Jelly	Pear and Cinammon Sponge and Custard	Orange Ice lolly
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Menu for weeks commencing: 8th Sep, 29th Sep, 20th Oct, 17th Nov, 8th Dec

**Your Lunch
A Choice From
Two Mains**

Free Range Chicken Tikka Masala	BBQ Chicken Pizza	Roast Gammon	Beef Enchilada	Salmon Fish Cakes
Vegetable Samosa and Mango Chutney	Margherita Pizza	Macaroni Cheese	Mixed Bean Wrap	Vegetable Chow Mein

Accompaniments

Broccoli	Baked Beans	Swede	Green Beans	Peas
Carrots	Cauliflower	Cabbage	Sweetcorn	Mixed Vegetables
Rice	Potato Wedges	Roast Potatoes	New Potatoes	Chips

Dessert

Eton Mess	Cherry Pie with Custard	Fresh Fruit Salad	Carrot Cake	Ice Cream
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Menu for weeks commencing: 15th Sep, 6th Oct, 3rd Nov, 24th Nov, 15th Dec

**Your Lunch
A Choice From
Two Mains**

Llamb Moussaka	Chicken Noodle Stir Fry	Roast Turkey	Beef Lasagne	Battered Cod
Quorn Chilli	Quorn Noodle Stir Fry	Vegetable Curry and Rice	Jacket Potato with Cheesy Beans	Tomato Pasta Bake

Accompaniments

Sweetcorn	Stir Fry Vegetables	Cauliflower	Greek Salad	Garden Peas
Carrots	Broccoli	Swede	Sweetcorn	Baked Beans
Rice	Noodles	Roast potatoes	New Potatoes	Chips

Dessert

Fresh Fruit and Yoghurt	Jam Sponge and Custard	Sultana Cookie	Rhubarb and Strawberry Crumble	Arctic Roll
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Also available daily: Fresh Bread, Bio Yoghurt, Fruit Salad & Salad Bar.

Item Made on Site

