

Preparing for Change

– parenting in the pre-teen years



This new and ground-breaking 3 session course from Education and Parenting Consultant Gill Hines is being offered to all parents of children in year 5 or 6.

Designed to assist parents in managing the changes in behaviour and attitude that the teen and preteen years can bring, and preparing their child- and themselves - for the challenges ahead. The course is based on new understanding of the neurological changes in adolescence, the implications of these for behaviour and education. We'll be looking at to adapting the way children are parented in the pre teen years to make living with a teenager and helping them reach their full potential less challenging for the whole family.

The course is organised into 3 two-hour interactive workshop sessions each with a different but linked focus.

Session 1 – Preparing for the teen years

Session 2 – Behaviour management in the preteen years

Session 3 – Supporting a smooth transition to Secondary School

Dates and time: Wednesdays 6th, 13th and 20th June

All sessions from 7.30pm – 9.30pm

A full outline of the programme is given on Gill's website gillhines.co.uk

The 3x2hour course costs £45 per person. Booking is required via the **['Parent Workshops'](#)** page on Gill's website.