

# Preparing for Change

Parenting in the pre-teen years



This new and ground-breaking 3 session course is open to all parents with children currently in **year 5 or 6** at their Primary School.

Designed to assist parents in managing the changes in behaviour and attitude that the teen and preteen years can bring, and preparing their child- and themselves - for the challenges ahead. The course is based on new understanding of the neurological changes in adolescence and the implications of these for behaviour and education. We'll be looking at to adapting the way children are parented in the pre teen years to make living with a teenager and helping them reach their full potential less challenging for the whole family. The course is organised into 3 two-hour interactive workshop sessions each with a different but linked focus.

**Session 1** – Preparing for the teen years

**Session 2** – Behaviour management in the preteen years

**Session 3** – Supporting a smooth transition to Secondary School

**Dates and time:** Tuesdays 1<sup>st</sup>, 8<sup>th</sup> and 15<sup>th</sup> May 2018

All sessions from 7.30pm – 9.30pm

**Venue** - Barnes Primary School



About ..

**Gill Hines** is an Education and Parenting Consultant with over 40 years experience of working with children and their families. She is the author of 3 books and regularly contributes to the media.

For detailed content, more information or to book please [click here](#) or go to [www.gillhines.co.uk](http://www.gillhines.co.uk)