

Generational labels

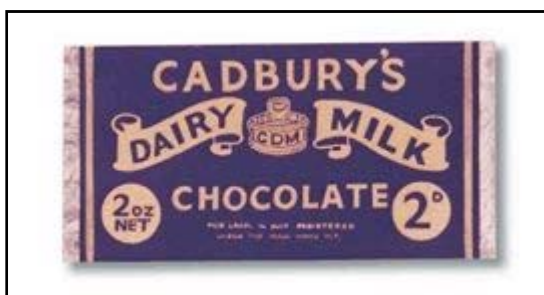
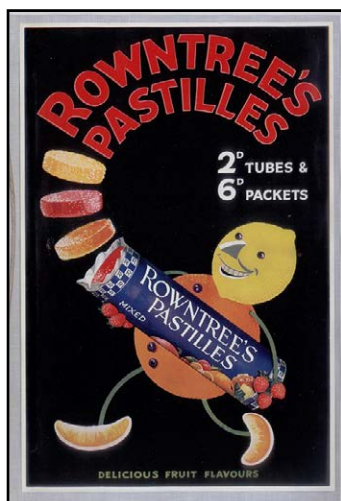
Great-grandparents' era
(1940s and earlier)

Grandparents' era
(1950s and 60s)

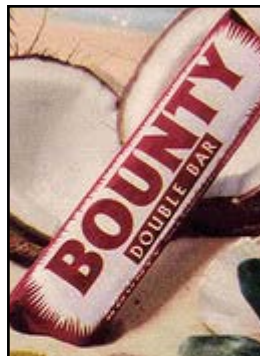
Parents' era
(1970s and 80s)

Today

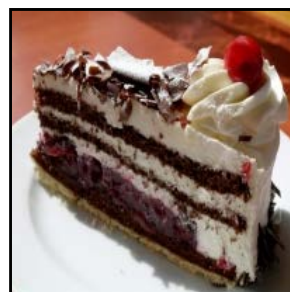
Treats from great-grandparents' era (1940s and earlier)



Treats from grandparents' era (1950s and 60s)



Treats from parents' era (1970s and 80s)



Time clues

Great-grandparents' treats: time clues

This was the first time that chocolate bars had been invented – they were such a treat!

We also had some yummy biscuits start to appear that had a creamy filling between two biscuits.

Most of the puddings and cakes were made at home and were often hot and had dried fruit in them. We didn't have fridges to store puddings.

Grandparents' treats: time clues

Some chocolate bars were already available in the shops, but new ones started to appear that often had more ingredients than just chocolate.

We also had some new delicious biscuits – some were covered in chocolate and others had chocolate chips. Some even had jam inside!

Puddings and cakes were often made at home but could include ingredients that needed storing in a fridge, like cream.

Parents' treats: time clues

There were already lots of chocolate bars around in the shops, but some new ones did appear.

We already had lots of biscuits to buy in the supermarkets, but some very colourful biscuits started to appear and we had quite a few sweet pies and cakes in the shops to buy as well.

Desserts and puddings were easy to buy – there were fridges and freezers to store lots of yummy creamy and frozen desserts.