

KEW RIVERSIDE PRIMARY SCHOOL MENU

SPRING TERM 2015



Monday	Tuesday	Wednesday	Thursday	Friday
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Menu for weeks commencing: 5th Jan, 26th Jan, 23rd Feb, 16th Mar

**Your Lunch
A Choice From
Two Mains**

Lamb Shepherds Pie	Beef Cannelloni	Roast Chicken	Tuna and Cheese Melt Pannini	Fish Fingers
Quorn Chow Mein	Spinach and Ricotta Cannelloni	Macaroni Cheese	Cheese and Tomato Pannini	Sweet Potato and Lentil Curry and Rice

Accompaniments

Stir Fry Vegetables	Carrots	Swede	Vegetable Soup	Peas
Broccoli	Cabbage	Seasonal Mixed Vegetables	Greek Salad	Baked Beans
Noodles	Garlic Bread	Roast Potatoes		Chips

Dessert

Rice Pudding with Jam Sauce	Iced Sponge and Custard	Sultana Flapjack	Sticky Toffee Pudding and Custard	Strawberry Ice Cream and Strawberry Sauce
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Menu for weeks commencing: 12th Jan, 2nd Feb, 2nd Mar, 23rd Mar

**Your Lunch
A Choice From
Two Mains**

Beef Bolognese and Garlic Bread	Ham and Pineapple Pizza	Cajun Chicken	Pork Sausage Hot Dog	Battered Cod
Quorn Bolognese with Garlic Bread	3 Cheese, Tomato and Basil Pizza	Red Bean and Sweet Potato Stew	Quorn Sausage Hot Dog	Roast Vegetable Bruschetta

Accompaniments

Green Salad	Baked Beans	Sweetcorn Salad	Carrots	Peas
Sliced Green Beans	Cauliflower	Broccoli	Stir Fry Cabbage	Mixed Vegetables
Penne Pasta	Spicy Wedges	Jollof Rice	New Potatoes	Chips

Dessert

Tropical Fruit Salad	Syrup Sponge and Custard	Banoffee Pie	Peach Crumble and Cream	Fruit Jelly
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Menu for weeks commencing: 19th Jan, 9th Feb, 9th Mar, 24th

**Your Lunch
A Choice From
Two Mains**

Beef and Vegetable Pie	Creamy Chicken Curry with Rice	Roast Gammon	Ham and Cheese Pannini	Tuna Pasta Bake with Fusilli Pasta
Cheese Flan	Mixed Bean Enchilada	Jacket Potato with Cheese and Beans	Mozzarella and Nut Free Pesto Pannini	Pasta Neopolitan with Fusilli Pasta

Accompaniments

Sweetcorn	Vegetable Chutney	Cauliflower	Vegetable Soup	Garden Peas
Carrots	Broccoli	Swede	Cucumber Sticks	Mixed Salad
New Potatoes	Rice	Roast potatoes		Garlic Bread

Dessert

Fruit Pavlova	Banana Muffin	Mixed Melon Fruit Salad	Apple and Sultana Pie and Custard	Cherry Shortbread
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Also available daily: Fresh Bread, Bio Yoghurt, Fruit Salad & Salad Bar.

Item Made on Site



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