

PSHE and RSE policy

1) PSHE (Personal, Social and Health Education)

Our PATHs® (Promoting Alternative Thinking Strategies) is a social-emotional learning curriculum which helps children to improve their friendships, help them make good decisions and improve their behaviour, as well as helping children achieve overall academic success. Our PSHE curriculum is broad and balanced, ensuring that it: promotes the spiritual, moral, cultural, mental and physical development of our children and of society; prepares our children for the opportunities, responsibilities and experiences they already face and for adult life; provides information about keeping healthy and safe, emotionally and physically; encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

2) RSE (Relationships and Sex Education)

Kew Riverside Primary school follows the Christopher Winter scheme for RSE. Through our curriculum we aim to empower pupils by:

- Offering a positive and open view of sex and sexuality and support sexual self-acceptance
- Undertaking specific work to meet the needs of vulnerable and marginalised children and young people
- Ensuring children are made aware of the physical and emotional changes to expect through puberty
- exploring feelings of sexual attraction and before they develop sexual relationships
- Focussing on risk reduction including safety on the internet and social media
- Using active learning and participatory techniques

3) Responsibilities

Name of school: Kew Riverside Primary School

Date of policy: November 2019

Policy co-ordinator: Maisie Scobie

4) How RSE and PSHE are provided and by whom

PSHE is taught through our PATHs® programme twice a week to the whole class. These lessons are delivered by the class teacher. RSE is taught independently to ensure the coverage of the newly statutory subject. Kew Riverside follow the Christopher Winter RSE scheme and

lessons are delivered half termly as well as having a cross- curricular link with science. It is also taught by the class teacher.

5) Content of RSE programme

Parents have the right to request that their child be withdrawn from some of sex education delivered as part of statutory RSE. However, parents do not have the right to withdraw their child from the relationship and health aspects of RSE or any area of RSE that links to science, e.g The Life Cycle.

Parents have the right to see what is being taught in PSHE and RSE. Please see the subject overviews on the website for this.

6) Teaching methodology

Before starting RSE and PSHE lessons, ground rules are discussed and agreed with the children. These ground rules will help the teacher create a safe environment which will minimise any embarrassment the children might feel and will discourage inappropriate personal disclosures.

7) Confidentiality and Child protection

In compliance with Kew Riverside's children protection policy staff can reassure children that their interests will be maintained and encourage and allow children to talk but are not able to ask leading questions in order to gain more information. Teachers must not guarantee complete confidentiality and must inform the child if information is to be passed onto another member of staff. Children should be informed of sources of confidential advice. Any concerns about child protection must be discussed in the first instance with Nell Webb (Designated Safeguarding Lead) or Rachel Roberts (Deputy Designated Safeguarding Lead.)

8) Dealing with questions

We want all children to feel like they can ask any questions.

Each class will have an 'Ask it Basket' to allow for children to put any questions in that they may have. The basket will allow teachers a sufficient amount of time to think about an appropriate response. If necessary, children can be asked how they would feel about asking their parents the question but it should be made clear that any question is ok and it will try to be answered if they do not feel comfortable asking parents. If a question is raised that alerts a member of staff that a child is at risk of sexual abuse school protection procedures should be followed. As the range of understanding may be considerable we have adopted a three level response to questions:

- 1) Answer in class for all children to hear
- 2) Answer one-to-one away from other children

- 3) Refer back to parents/carers, with the child's consent, to establish their willingness to have their child's question answered.

9) Involvement of outside agencies

Where appropriate outside agencies like the school nurse, health visitors or other organisations that provide relevant resources will be involved in the teaching of RSE and PSHE. Parents/carers will be informed of any visitors who will be involved in the RSE and PSHE programme.

10) Equal Opportunities

The children at Kew Riverside Primary School represent different cultures and nationalities, it is our aim to provide a PSHE and RSE programme which is accessible to all our children, regardless of race, gender, ability, culture or religion. Materials and resources for lessons should be chosen carefully avoiding stereotypical images. Teaching activities are aimed to ensure that they engage both boys and girls and at times single sex groups might be appropriate.

11) Special Educational Needs

At Kew Riverside Primary School we have children with a variety of special educational needs, work and lessons need to be differentiated efficiently for these children. Their needs and all learning styles need to be catered for. Differentiation for children with SEN should be planned for in terms of:

- Learning objectives
- Activities
- Teaching methods
- Resources

Activities should be broken down into small steps, giving children achievable goals and enabling teachers to monitor progress.

Teaching assistants should support in ways appropriate to the needs of the individual. They should also be aware of the objectives of the lesson and activity.

This policy was written by Maisie Scobie in November 2019