

6 new parent workshops in Twickenham or Kingston



Parent workshops this autumn



Developing resilience

Help your child deal with the ups and downs of life.

Oct. 22nd

Preparing for the teen years

Understand the changes you can expect and how to parent your child now in ways that will help you maintain closeness later.

Nov 19th

Developing self esteem

How children feel about themselves affects everything from how well they learn to the friends (and eventually even partners) they choose.

Dec 3rd

Managing anger

Anger is a normal feeling – however uncomfortable. Tips and techniques for helping you and/or your child manage anger

Dec 11th

Assertiveness for your child

Evidence suggests assertive kids are far less likely to be picked on or form poor relationships. Learn how to help your child become more assertive rather than aggressive or passive.

Nov 13th

Helping your child deal with the behaviour of others

For many children (particularly eldest and only children) dealing with the argy-bargy of normal school life is hard. If your child constantly complains about how others behave this is the workshop for you.

27th Nov

All workshops are from 7.30pm to 9.30pm and cost £15. There are a number of £1 places available on for those in financial need.

Gill Hines is a freelance Education and Parenting Consultant and author with hundreds of hours of experience in delivering straightforward, down to earth workshops to parents.

Want to know more?
Ask your child's school or check out her website for more information or booking.

www.gillhines.co.uk