

# Talking to your child\* about sex and relationships

\*for children and young people from 5 - 12

The facts about sex might not have changed since you were young but the issues and pressures children and young people face have changed a great deal. More and more explicit material is shown on regular TV, music and music videos are more overt and sexually aggressive and pornography is only a click away. It is accessible for every child with access to



a smartphone, computer or tablet without parental controls – and that means pretty much all of them! Through extensive research we know that children who have grown up in families where these things are talked about have a better respect for their own bodies and sexuality, are more respectful of others and are less likely to experiment than those brought up believing that talking about sex is somehow secret or shameful.

If we are not talking to children about love and sex then an awful lot of other people in the media and playground are, and their messages are powerful and pervasive.

This two hour workshop is guaranteed to be entertaining and informative while helping you explore what you believe are the key messages for your child, the best time to talk, the best ways to approach key issues and a chance to talk to other parents or ask any tricky questions.

**Thursday 12th May 2016, 7.30 - 9.30pm, Barnes**

[For more information or to book click here](http://www.gilhines.co.uk/workshops) or go to  
[www.gilhines.co.uk/workshops](http://www.gilhines.co.uk/workshops)

Booking is required. Some £1 places are available for those who need them – please see website

