

Two Workshops for parents



The Angry Child
Thursday 10th March 2016
Teddington



Managing anger in children can be tricky but this two hour workshop aims to help you recognise and diffuse the triggers to anger in your child, develop their coping strategies to help them respond more appropriately and give you some Top Tips on dealing with incidents. Helping your child understand and take responsibility for their own behaviour and make different choices in the future takes time, but knowing the steps to take and having a plan to follow can make all the difference for a stressed parent and their equally stressed child. [Click here for details](#)

Encouraging Sibling Harmony

Thursday 3rd March 2016

Barnes

This workshop aims to help parents identify some simple tried and tested ways to draw the whole family closer and increase empathy and understanding between siblings. It will also provide some pointers for why and how sibling rivalry breaks out and consequently how we as adults can change some small things to encourage greater communication, harmony and care amongst all family members.

Whilst we can't promise The Waltons (remember them?) we can offer some pointers for identifying those factors that are creating disharmony and top tips for making everyone pull together rather than pull apart.

[Click here for details](#)

