# What you might not know about SCHOOL LUNCHES!

Hello from ISS Education! Who are we? We're the caterers at your child's school and we'd like to take this opportunity to tell you about our school lunches.

For children in Reception and Years 1 and 2, school meals are currently free! However, the government's Universal Infant Free School Meals programme only covers those pupils in these years meaning that, if your child is no longer eligible (or won't be from the next academic year) you may now be asking yourself the question...

### SHOULD MY CHILD HAVE A SCHOOL LUNCH?

To help you make an informed decision, we'd like to tell you a bit about our service which perhaps you may not be aware of.

DID YOU KNOW ...

ISS Education's lunches have achieved the Food for Life Catering Mark which means...

At least over 75% of the ingredients are freshly cooked from scratch each day!

We use organic products on our menus such as bread, milk and yoghurts

We source seasonal, locally sourced and British produce when and where possible

All of the eggs we use are free range

Our menus have been accredited by the Marine Stewardship Council (MSC) which means all of the fish we serve has been sustainably sourced

#### HOW DO I PAY?

Some schools have opted to use our Cypad online payments facility. If your school does use Cypad you will recieve a letter detailing what it is and how you can pay.

If your school does not use Cypad then please contact your school office to find out which methods of payment they prefer.

You can find out if your school uses Cypad by visiting the payments page on our website or by dropping us an e-mail (details overleaf).

ACILITY SERVICES





A trip to our salad bar, crusty bread & unlimited fresh drinking water A dessert or a selection of fresh fruit or yoghurts

A choice of

meal options

So what's included in a school lunch?

As well as the quality of school lunches (they've come a long way) we believe there are several other benefits in choosing a school meal over a packed lunch.

Turn the page to see why

## A GROWN-UP'S 'TO DO' LIST...



Decide what you need

Make a list

Go to the shops

Assemble lunch every day

Keep it exciting

Ensure it offers nutritious options

Clean it (spilt yoghurt and all!)

Cook a hot, healthy dinner

GET II

TOUCH

THAT'S WHERE WE CAN HELP! Our cooks are specially trained to provide delicious, nutritionally balanced school lunches! Discuss meal choices with child, select and pay

School Lunch

Tell us what you and your child think

Make a light evening meal

AND REPEAT!

## FREE School Meals!

We know that KS1 meals are free. The good news is that if your family receive certain benefits you may be entitled to free school meals for your child at any age! Whether your child is in KS1 or KS2, please remember to register for free school meals if you think you are entitled. Doing this helps your family and your school! For more details, please contact your school.

Want to know more? Contact us or visit our website!

www.feedinghungryminds.co.uk