

KEW RIVERSIDE PRIMARY SCHOOL

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Termly Safeguarding Newsletter

Dear families,

We hope you are well and managing to stay positive during these unpredictable times.

One of greatest challenges for all schools during this period of partial school closure is to support the well-being of our children when we are not seeing them in person every day. We want to reassure you that safeguarding remains our absolute priority and would like to share some of the ways we are continuing to try to look after our children and families:



Tell us about your concerns or worries

We are here to help with any worries you or your child may have about their mental health or safety. There are several ways to get in touch:

- 1) Emailing the class teacher or the school Designated Safeguarding Leads (DSLs) - Nell and Rachel - on their school email addresses
- 2) Phoning the school and requesting to speak to any class teacher or the DSLs or our school ELSA (Emotional Literary Support Assistant), Lauren
- 3) Children can use the virtual '[Ask it Baskets](#)' on Google Classroom to post any worries. Teachers check these daily. There is also a poster here reminding children that they can contact [Childline](#), tel 0800 1111, 24 hours a day
- 4) Parents/children can request a '[Time to Talk](#)' slot with Maisie (our Mental Health Lead) or Rachel via Google Classroom
- 5) Contacting SPA - [SPA is our Single Point of Access](#) - a hub that offers advice and support for safeguarding matters. The contact number is 020 8547 5008. Anyone can call SPA to report a concern or seek advice.

Children's Mental Health Week - 1-7 February

Last week we helped raise awareness of the importance of children's mental health through asking children to wear something '[inside out](#)' on Wednesday in their Live lessons to remind one another that how someone presents externally is not necessarily a reflection of how they are feeling on the inside and, on Friday, to '[dress to express](#)'. All week, teachers used their PATHS lessons to explore how children can express their 'true selves' and so improve self-esteem in all sorts of creative ways.



Keeping Safe Online – Tuesday 9th February is Safer Internet Day

In addition to the guidance in the Google Meet Acceptable Use agreements that we have sent to you (and which can be found on our website [here](#)) here are **5 TOP TIPS** for keeping your child safe online:

1. Set parental safeguards BEFORE giving your child a new device

Setting parental safeguards on your child's kit

If you're viewing this on a screen, tap (or click) the appropriate icon below.

If you're looking at this on paper, point your phone's camera at the appropriate QR code and tap the link that appears.

Follow the instructions on the website exactly, in particular setting the age of the child.

We recommend you set the device not to allow *any* apps or games to be installed without your permission.

Protect your settings with a strong password that is not known to the child.



2. Heed the age restrictions on video games The most common age rating system for video games is the PEGI system:



The ratings are there for a good reason – you risk your child being harmed if you allow them to use the orange or (particularly) red-rated products underage.

3. Be guided by the age ratings for other social media apps and games

You know your child. So when it comes to social media – where most products have a minimum age requirement of 13 – if you decide to allow their access, be sure you're making an informed choice and not just caving in!

To help you decide, the NSPCC has a great website with reviews and comments by other parents about the most popular apps and games. It's here: www.net-aware.org.uk.

4. Install web filtering but don't rely on the network provider alone

If your broadband provider has a family-friendly filter, it probably only goes so far. Check their website for the parental help section and see what other tools and advice may be available. For more options, consider OpenDNS Family Shield at opendns.com/home-internet-security. Also consider Qustodio (qustodio.com).

5. Talk to your child about their online activity

Get to know their favourite activities online. Make sure they know you'll help if something happens online that worries or upsets them. Take a look at the great advice on internetmatters.org.

Who's Who in Safeguarding at KRPS

Of course, keeping children safe is everybody's responsibility in school but those with key Safeguarding duties are as follows:

- **Designated Safeguarding Lead (DSL) and Designated Teacher for Looked After and Previously Looked After Children (LAC):** Nell Webb
- **Deputy DSL:** Rachel Roberts
- **Mental Health Lead Teacher:** Maisie Scobie
- **Emotional Literacy Support Assistant (ELSA):** Lauren McGarvey
- **Designated Governor for Safeguarding:** Denise Long
- **Deputy Designated Governors for Safeguarding:** Peter King and Patrick Neave
- **School Nurse,** Pat Fosu
- **Educational Welfare Officer,** Julie Miller

Kingston and Richmond Safeguarding Children Partnership (KRSCP)

The KRSCP brings together all agencies and organisations who work with children and their families in Richmond to promote the welfare of children and young people. Their website, which can be found [here](#), has links to many support agencies, including:

- Domestic Violence support
- Mental health support around Covid-19
- Self-harm concerns

What next?

We will shortly be sending through a short survey for you to complete about your child's experience during lockdown.