



Support and friendship
for families

**Are you a parent/grandparent?
Would you like to help local families?**



If you can spare a few hours a week to help families with children under 5, local charity Home-Start Richmond can train you to support those having a difficult time.

The free volunteer course runs from 28 April to 30 June on Thursdays, 9.45am-2.30pm (not half-term).

Can be accredited NVQ level 1 or 2.



To find out more, contact Angie Ahmed

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www.homestart-richmond.org.uk Reg. Charity No: 1108975